

女青年體高胸圍與體重對照表

此表係金陵女子大學學生身體測量的結果製成

(分百米突)

胸圍	44	46	48	50	52	54	56	58	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92
身高	180								43.5	46.1	49.2	52.1	55.1	58.3	61.6	65.0	68.5	72.4	76.0	80.0	84.1	88.3	92.8	97.0	101.2
	178								43.0	45.6	48.6	51.5	54.5	57.7	60.8	64.2	67.8	71.7	75.4	79.1	83.3	87.5	91.8	96.1	101.0
	176								39.9	42.5	45.2	48.0	51.0	54.0	57.1	60.0	63.6	67.0	71.0	74.7	78.3	82.5	86.7	91.1	95.3
	174								39.5	42.1	44.7	47.5	50.5	53.5	56.5	59.4	63.0	66.3	70.3	73.9	77.7	81.7	85.9	90.3	94.7
	172								36.6	39.1	41.6	44.2	47.0	49.9	52.9	56.0	59.1	62.4	65.6	69.7	73.2	77.0	81.0	85.2	89.6
	170								36.2	38.6	41.1	43.7	46.5	49.3	52.3	55.3	58.4	61.8	64.9	68.9	72.4	76.2	80.3	84.5	89.0
	168								33.1	35.5	38.0	40.6	43.3	46.1	48.9	51.8	54.8	57.8	61.2	64.3	68.1	71.7	75.5	79.6	84.0
	166								33.0	35.3	37.7	40.2	42.8	45.5	48.2	51.0	53.8	56.7	59.7	62.7	66.4	70.2	74.2	78.4	83.0
	164								32.6	34.9	37.3	39.8	42.4	45.1	47.8	50.6	53.4	56.3	59.3	62.3	65.8	69.5	73.5	77.8	82.5
	162								32.2	34.5	36.8	39.3	41.9	44.5	47.2	50.0	52.8	55.6	58.5	61.5	64.9	68.6	72.6	76.9	81.7
	160								29.7	31.8	34.0	36.3	38.7	41.1	43.5	46.0	48.5	51.0	53.5	56.0	58.5	61.5	65.0	69.0	73.5
	158								29.3	31.4	33.6	35.9	38.2	40.6	43.0	45.5	48.0	50.5	53.0	55.5	58.5	61.5	65.0	69.0	73.5
	156								26.9	28.9	31.0	33.2	35.4	37.7	40.0	42.4	44.8	47.2	49.7	52.2	54.7	57.7	61.0	65.0	69.5
	154								26.5	28.5	30.6	32.8	35.0	37.3	39.5	41.9	44.3	46.7	49.1	51.6	54.1	57.1	60.5	64.5	69.0
	152								24.3	26.2	28.1	30.3	32.4	34.6	36.9	39.2	41.6	44.0	46.4	48.8	51.3	54.3	57.7	61.7	66.2
	150								25.9	27.8	29.7	31.9	34.1	36.4	38.7	41.0	43.4	45.8	48.2	50.6	53.1	56.1	59.5	63.5	68.0
	148	22.0	23.6	25.5	27.4	29.4	31.5	33.7	36.0	38.4	40.9	43.3	45.7	48.1	50.6	53.0	55.5	58.0	60.5	63.0	65.5	68.5	72.0	76.0	80.5
	146	21.7	23.3	25.1	27.0	28.9	31.0	33.2	35.5	37.9	40.4	42.8	45.2	47.6	50.0	52.5	55.0	57.5	60.0	62.5	65.0	68.0	71.5	75.5	80.0
	144	21.3	23.0	24.8	26.7	28.5	30.6	32.8	35.0	37.3	40.0	42.5	45.0	47.5	50.0	52.5	55.0	57.5	60.0	62.5	65.0	68.0	71.5	75.5	80.0
	142	21.0	22.7	24.4	26.3	28.2	30.2	32.4	34.6	37.0	39.5	42.0	44.5	47.0	49.5	52.0	54.5	57.0	60.0	62.5	65.0	68.0	71.5	75.5	80.0
	140	19.1	20.8	22.4	24.0	25.9	27.9	29.8	32.0	34.7	37.5	40.0	42.5	45.0	47.5	50.0	52.5	55.0	57.5	60.0	62.5	65.0	68.0	71.5	75.5
	138	18.7	20.6	22.1	23.7	25.6	27.5	29.4	31.6	33.7	36.0	38.5	41.0	43.5	46.0	48.5	51.0	53.5	56.0	58.5	61.0	64.0	67.0	71.0	75.5
	136	18.4	20.4	21.8	23.4	25.3	27.1	29.1	31.2	33.3	35.6	38.0	40.5	43.0	45.5	48.0	50.5	53.0	55.5	58.0	61.0	64.0	67.0	71.0	75.5
	134	18.2	19.9	21.4	23.0	24.9	26.7	28.7	30.8	32.9	35.2	37.5	40.0	42.5	45.0	47.5	50.0	52.5	55.0	57.5	60.0	63.0	66.0	70.0	74.5
	132	18.0	19.5	21.1	22.7	24.5	26.4	28.4	30.4	32.5	34.8	37.1	39.5	42.0	44.5	47.0	49.5	52.0	54.5	57.0	60.0	63.0	66.0	70.0	74.5
	130	17.7	19.2	20.7	22.4	24.0	26.0	28.0	30.0	32.1	34.4	36.7	39.1	41.5	44.0	46.5	49.0	51.5	54.0	56.5	59.0	62.0	65.0	69.0	73.5
	128	17.4	19.0	20.4	22.1	23.6	25.7	27.9	29.6	31.7	33.9	36.1	38.4	40.7	43.0	45.3	47.6	50.0	52.5	55.0	57.5	60.0	63.0	66.0	70.0
	126	16.6	18.6	20.1	21.8	23.5	25.3	27.3	29.3	31.3	33.6	35.8	38.1	40.4	42.7	45.0	47.3	49.6	52.0	54.5	57.0	60.0	63.0	66.0	70.0
	124	15.9	18.3	19.9	21.5	23.1	25.0	26.9	28.9	30.9	33.2	35.5	37.8	40.1	42.4	44.7	47.0	49.3	51.6	54.0	56.5	59.0	62.0	65.0	69.0

說明 (一)體高(二)胸圍(在胸大肌與肩胛骨下角之下)(三)在兩個尺寸交點處就是他應有的體重(四)上用尅(公斤)計算

男青年體高胸圍與體重對照表

(百分米突)

此表係東南大學身體測量的結果製成

胸圍	50	52	54	56	58	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106
身 高	50	52	54	56	58	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106
190								47.4	49.6	52.0	54.3	56.7	59.4	62.2	64.9	67.6	70.7	73.7	76.9	74.9	83.2	86.4	89.9	93.5	96.8	100.6	101.8	108.9	112.7
188								46.6	48.9	51.2	53.5	56.0	58.6	61.4	64.0	66.8	69.5	72.7	75.0	78.0	82.2	85.3	88.8	92.3	95.7	99.3	103.6	107.4	
186							43.9	45.8	48.2	50.5	52.8	55.3	57.9	60.5	63.1	66.0	68.3	71.7	73.7	76.8	81.2	84.2	87.7	91.2	94.6	98.1	102.4	106.3	
184							42.9	45.0	47.4	49.7	52.0	54.5	57.6	59.6	62.2	65.2	51.4	70.7	72.8	75.9	80.2	83.1	86.7	90.1	93.6	97.1			
182							42.3	44.3	46.7	49.0	51.3	53.8	56.1	58.7	61.3	64.5	66.6	69.7	71.9	74.9	79.2	82.1	85.7	89.0	92.6	96.1			
170							41.6	43.6	46.0	48.3	50.5	53.0	55.3	57.6	60.4	63.6	65.8	68.7	71.0	74.0	78.1	81.1	84.5	87.9	91.3				
178						38.9	41.0	42.9	45.2	47.6	49.7	52.2	54.5	56.9	59.5	62.8	65.0	67.8	70.2	73.0	77.2	80.3	83.4	86.6	90.0				
176						38.2	40.3	42.2	44.3	46.8	49.1	51.4	53.7	56.0	58.6	62.1	64.1	66.9	69.3	72.0	76.1	79.5	82.4	85.5					
174						37.6	39.7	41.6	43.6	46.0	48.3	50.5	53.0	55.3	57.6	60.4	63.6	66.0	68.5	71.0	75.0	78.1	81.1	84.5					
172					35.2	37.0	39.1	40.9	43.0	45.2	47.4	49.7	52.2	54.5	56.9	59.5	62.8	65.0	67.8	70.2	73.0	77.2	80.3	83.4					
170					34.4	36.8	38.4	40.2	42.3	44.5	46.7	49.1	51.4	53.7	56.0	58.6	62.1	64.1	66.9	69.3	72.0	76.1	79.5	82.4					
168				32.6	33.7	35.8	37.8	39.6	41.7	43.9	46.0	48.3	50.5	53.0	55.3	57.6	60.4	63.6	66.0	68.5	71.0	75.0	78.1	81.1	84.5				
166				31.9	33.2	35.2	37.1	39.0	41.1	43.3	45.5	47.7	49.9	52.2	54.5	56.9	59.5	62.8	65.0	67.8	70.2	73.0	77.2	80.3	83.4				
164				31.3	32.7	34.6	36.5	38.4	40.4	42.4	44.3	46.8	49.1	51.4	53.7	56.0	58.6	62.1	64.1	66.9	69.3	72.0	76.1	79.5	82.4				
162				30.7	32.1	34.0	35.9	37.8	39.8	41.7	43.9	46.1	48.3	50.5	53.0	55.3	57.6	60.4	63.6	66.0	68.5	71.0	75.0	78.1	81.1	84.5			
160				30.1	31.5	33.5	35.2	37.2	39.1	41.1	43.3	45.5	47.7	49.9	52.2	54.5	56.9	59.5	62.8	65.0	67.8	70.2	73.0	77.2	80.3	83.4			
158				29.5	31.0	32.9	34.6	36.6	38.5	40.4	42.6	44.7	46.9	49.1	51.4	53.7	56.0	58.6	62.1	64.1	66.9	69.3	72.0	76.1	79.5	82.4			
156			27.3	28.9	30.5	32.3	34.0	35.9	37.9	39.8	41.9	44.0	46.1	48.3	50.5	53.0	55.3	57.6	60.4	63.6	66.0	68.5	71.0	75.0	78.1	81.1	84.5		
154			26.8	28.4	29.9	31.7	33.5	35.3	37.2	39.1	41.1	43.3	45.5	47.7	49.9	52.2	54.5	56.9	59.5	62.8	65.0	67.8	70.2	73.0	77.2	80.3	83.4		
152			26.3	27.9	29.3	31.1	32.9	34.7	36.6	38.5	40.4	42.6	44.7	46.9	49.1	51.4	53.7	56.0	58.6	62.1	64.1	66.9	69.3	72.0	76.1	79.5	82.4		
150		24.2	25.8	27.4	28.9	30.5	32.3	34.1	36.0	37.9	39.8	41.9	44.0	46.1	48.3	50.5	53.0	55.3	57.6	60.4	63.6	66.0	68.5	71.0	75.0	78.1	81.1	84.5	
148		23.9	25.3	26.8	28.3	29.9	31.7	33.5	35.3	37.2	39.1	41.1	43.3	45.5	47.7	49.9	52.2	54.5	56.9	59.5	62.8	65.0	67.8	70.2	73.0	77.2	80.3	83.4	
146		23.6	24.8	26.2	27.8	29.3	31.1	32.9	34.7	36.6	38.5	40.4	42.6	44.7	46.9	49.1	51.4	53.7	56.0	58.6	62.1	64.1	66.9	69.3	72.0	76.1	79.5	82.4	
144		23.0	24.4	25.7	27.3	28.9	30.6	32.3	34.0	36.0	37.9	39.8	41.9	44.0	46.1	48.3	50.5	53.0	55.3	57.6	60.4	63.6	66.0	68.5	71.0	75.0	78.1	81.1	84.5
142	21.1	22.5	23.9	25.2	26.9	28.5	30.1	31.8	33.4	35.4	37.2	39.1	41.1	43.3	45.5	47.7	49.9	52.2	54.5	56.9	59.5	62.8	65.0	67.8	70.2	73.0	77.2	80.3	83.4
140	20.6	21.9	23.3	24.7	26.5	28.1	29.6	31.3	33.2	35.4	37.6	39.8	42.0	44.2	46.4	48.6	50.8	53.0	55.3	57.6	60.4	63.6	66.0	68.5	71.0	75.0	78.1	81.1	84.5

說明 (一) 體高(二) 胸圍(在胸大肌與肩胛骨下角之下)(三) 在兩個尺寸交點處就是他應有的體重(四) 上用冠 (公斤) 計算